

# Save on Your Prescriptions with Step Therapy

Step Therapy is a program designed to offer you the best medication at the lowest possible cost. With Step Therapy, your Plan includes the lowest-cost medicine (Step-One drugs), and not the higher cost alternatives (Step-Two drugs). This helps encourage you and your doctor to choose the less expensive drug and save on your prescription costs.

If you are currently taking medication for one of the following conditions, you must switch to a Step-One drug to have your prescription covered by your Plan:

- Acid Reflux
- Acne
- Attention Deficit/Hyperactivity
- Allergic Conjunctivitis
- Blood Pressure
- Depression
- Diabetes
- Fibromyalgia
- Glaucoma
- Gout
- Hay Fever
- High Cholesterol
- Hyperphosphatemia
- Inflammatory Bowel Disease
- Insomnia
- Mental Health
- Migraines
- Muscle Spasms
- Osteoporosis
- Overactive Bladder
- Pain
- Prostate Health

## Why Switch?



Step-One alternatives save you money



Alternative medications are safe and effective



When you and your employer save on prescription costs, everyone pays less.



## What You Need To Do

If you currently take a Step-Two medication for one of the conditions listed on the left, it will no longer be covered under your plan. Please take the following action:



**Call 800-771-4648 (TTY: 711)** to see if you need to switch to a Step-One medication. The list on the following page shows many of the Step-Two medications and their Step-One alternatives that are part of this program. Representatives are available 24 hours daily.\*



**Call your doctor** before your next refill and discuss changing your prescription to a Step-One alternative. Switch today and save!



**Make the change** before your drug is no longer covered.

\* Some service hours may result in a call back from a pharmacy representative

As your pharmacy benefit manager, Elixir is here to help!  
Call us at **800-771-4648** or visit [elixirsolutions.com](http://elixirsolutions.com).